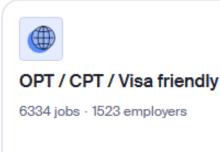


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News

We have a new <u>employer collection</u> in UIS CareerConnect (Handshake). If you are an international student who is seeking employers that are open to hiring individuals utilizing OPT/CPT or those who may require sponsorship now or in the future, this collection is for you. This collection highlights employers that have indicated they accept OPT, CPT, or visas in the job postings. Students should still fully research and consider opportunities and employing organizations before applying. Review each job posting for more specific information. Our team of campus collaborators that help manage UIS CareerConnect are continuing to explore and experiment with different features that Handshake provides, including employer collections.



IRIS!



Smile, and say Iris! Last month we shared that Iris had arrived. *Who or what is Iris?* Iris is a super sleek and easy to use photo booth and is now available for your use! In just a few minutes, you can take a series of photos, touch up your favorite, and email it to yourself. Having a polished picture for online profiles, conference proposals and other professional interaction can be so helpful. With Iris, in just a few minutes your professional photo is ready to go! The Iris photo booth is available for use during our regular business hours. **Contact our office to schedule a brief appointment and get your custom pic!**

Recent Events

The Career Bytes Conference was held on Friday, November 15th, it was an inspiring event that brought together students and alumni for a day of insights, learning, and connection. Attendees were captivated by an engaging alumni panel, where speakers shared their unique UIS experiences and career journeys, sparking ideas and motivation. Our talented student speakers stole the spotlight with dynamic presentations on NACE competencies like communication, resume building, self-development, personal branding, and professionalism, offering actionable tips and strategies for success. If you missed this incredible event, don't worry! You can still get your hands on valuable handouts and resources by reaching out to the Career Development team.

Career Building Activities & Resources for Winter Break

As the Fall 2024 semester comes to a close and we prepare for Winter Break, it is important to rest and recharge. Winter Break can also be a great time to build in some self-care via personal and professional development activities. See the checklist below for some ideas.

- **Review**, update, or create a resume.
- □ Reflect on your values, interests, and potential career possibilities.
- **C** Research employers and career opportunities
- □ Apply for internships and jobs
- Consider doing a micro internship through Parker Dewey
- Learn or practice a new skill
- □ Fill in your own ideas:
- **_**____

To help you on your learning and discovery journey, check out some helpful online resources available on our Career Toolbox page. You can also find some helpful tip sheets on our Handouts and Guides page.

Upcoming Events

Stay up to date on upcoming events by checking out UIS Connection and UIS CareerConnect (Handshake).

Save the Date for Spring 2025 Events

Look for more details in the new year!

STEAM Virtual Career Fair Thursday, February 6, 2025 (Online via Handshake)

Arts & Culture Career Panel Thursday, February 13, 2025 (Hybrid HRB 111 or Online)

Career Connections Expo

Friday, March 21, 2025 (The Recreation & Athletic Center – TRAC)

UIS Unite

The next step towards a great career? Knowing alumni who have connections.

Log in to UIS Unite, find experienced alumni working in jobs you're interested in, and reach out. They're waiting with real advice, intros, and help that can land you your dream job or help you explore career options.

Now is a good time to expand your network! **Frequently Asked Questions**

Are there any professional development tools accessible to me?

LinkedIn Learning is a great professional development tool that might come in handy over the winter break and beyond. LinkedIn Learning allows users to develop and discover new skills through expert-led video courses. You have full access through your UIS account. Make sure to check it out!

Have additional questions? Contact us at: careerservices@uis.edu | 217-206-6508 www.uis.edu/career | HRB 80